

# Just For Kids

Below is valuable information and instructions on fire safety for the whole family. Also if you keep scrolling down there are some fun coloring pages you can print out and interesting web sites to visit.

## Have Fun & Be Safe

These web sites have fire safe checklists and escape planning grids that can help you and your family learn about fire safety and how to create a Fire Escape Plan. Also the sites include games and coloring pages.

[www.nfpa.org/sparky/family.html](http://www.nfpa.org/sparky/family.html)

[www.alertall.com](http://www.alertall.com)

## Stop, Drop, Roll and Cool

The Stop, Drop, Roll and Cool procedure should be used to extinguish flames and lessen burn injuries if your clothing catches fire. If your clothes catch fire:

**STOP** immediately where you are.

**DROP** to the ground.

**ROLL** over and over and over, covering your face and mouth with your hands (this will prevent flames from burning your face and smoke from entering your lungs). Roll over and over until the flames are extinguished.

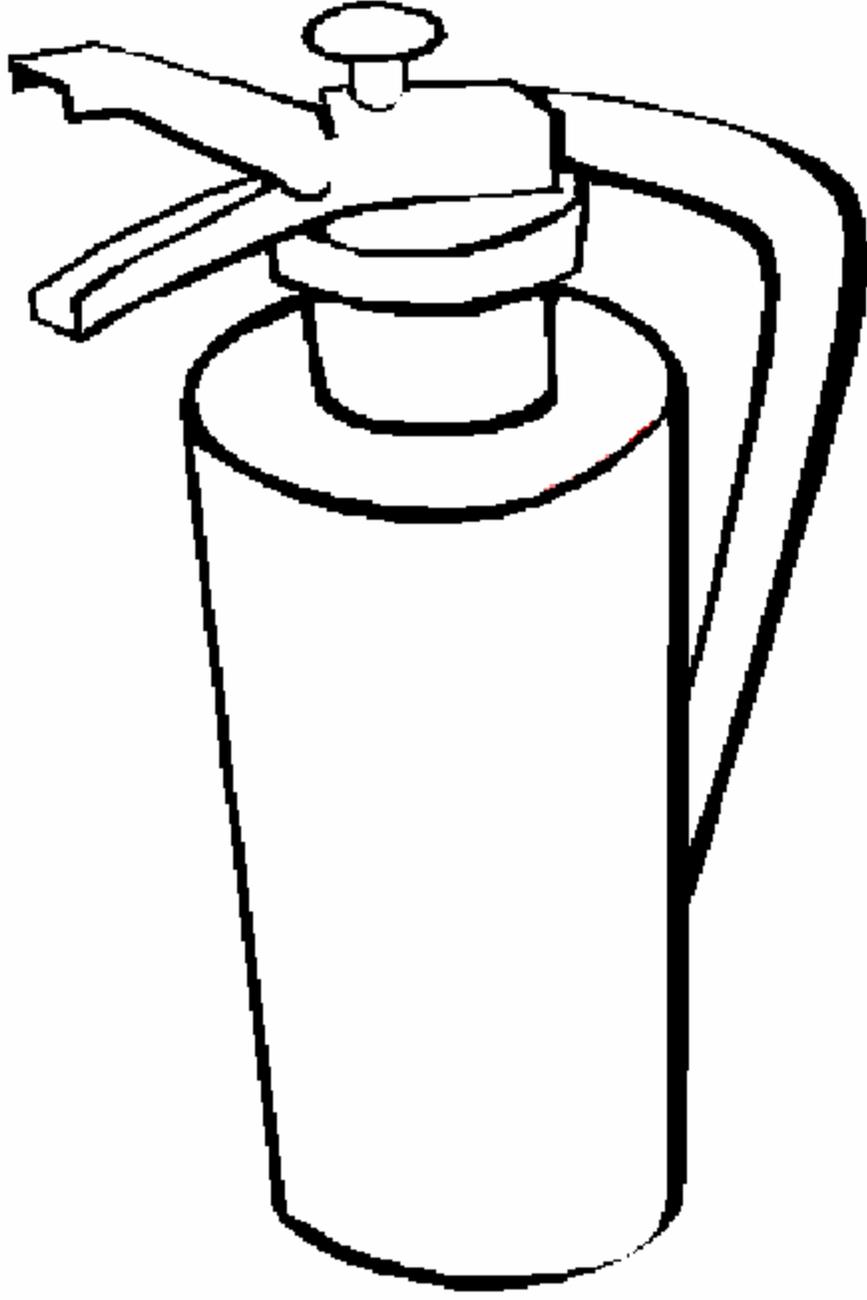
**COOL** the burn with cool water for 10-15 minutes. Get help from a grown-up, and if needed, see a doctor.

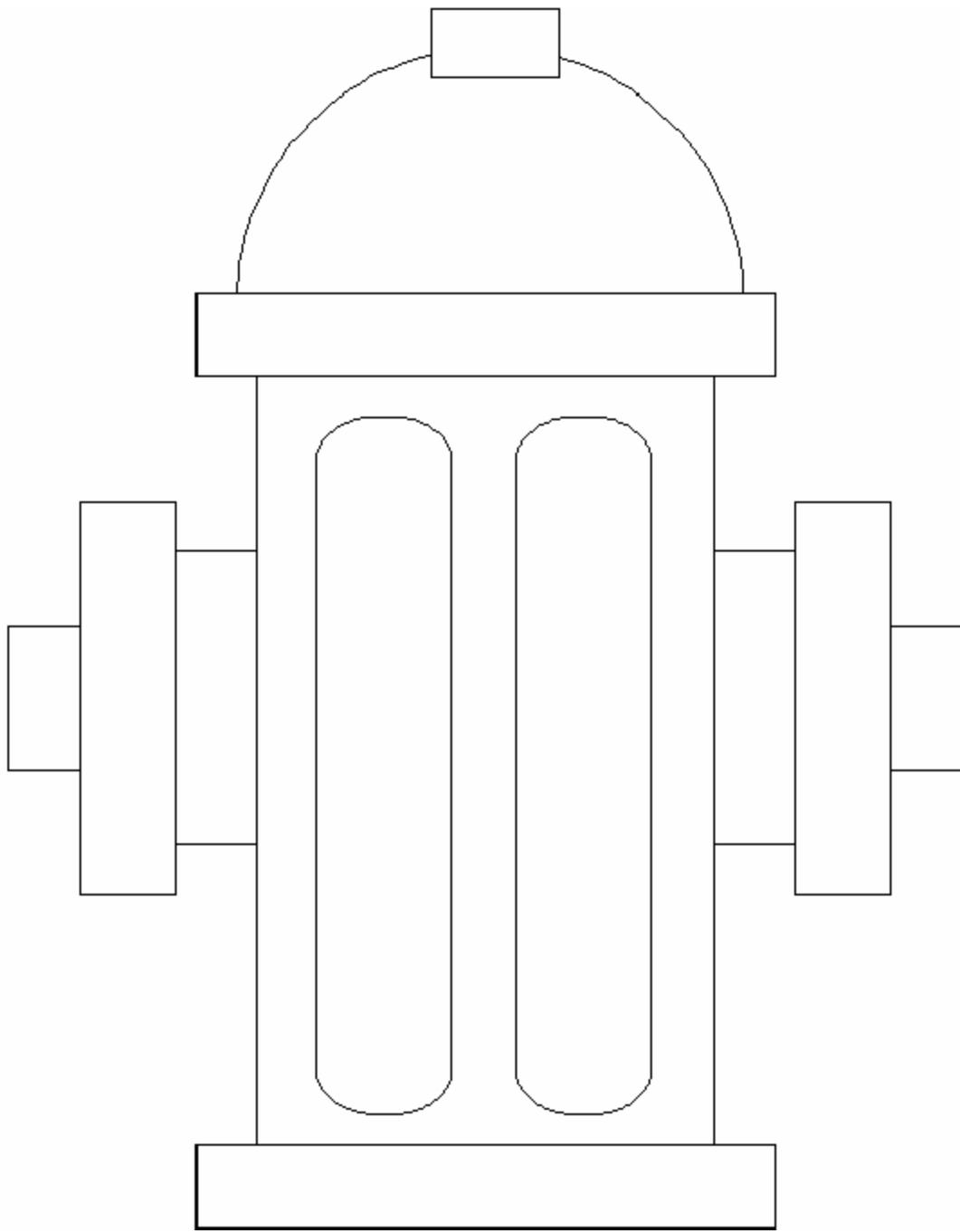


You should know at least two ways out of every room in case there's a fire. Ask a grown-up to show you how to open the doors and windows in your room so

you can practice your home fire escape plan. Pick a special outside meeting place in front of your home where you will meet your family.

Note: This page is reproduced from "Sparky's® Activity Book." The lessons in this activity book are designed to reinforce important fire safety messages to young children. These fun activities need to be supplemented with explanations of the lessons they provide. Contact your local fire department for more information. To order copies of "Sparky's® Activity Book," call the NFPA at +1 800 344-3555 and ask for Item No. WF-SPY-29C.

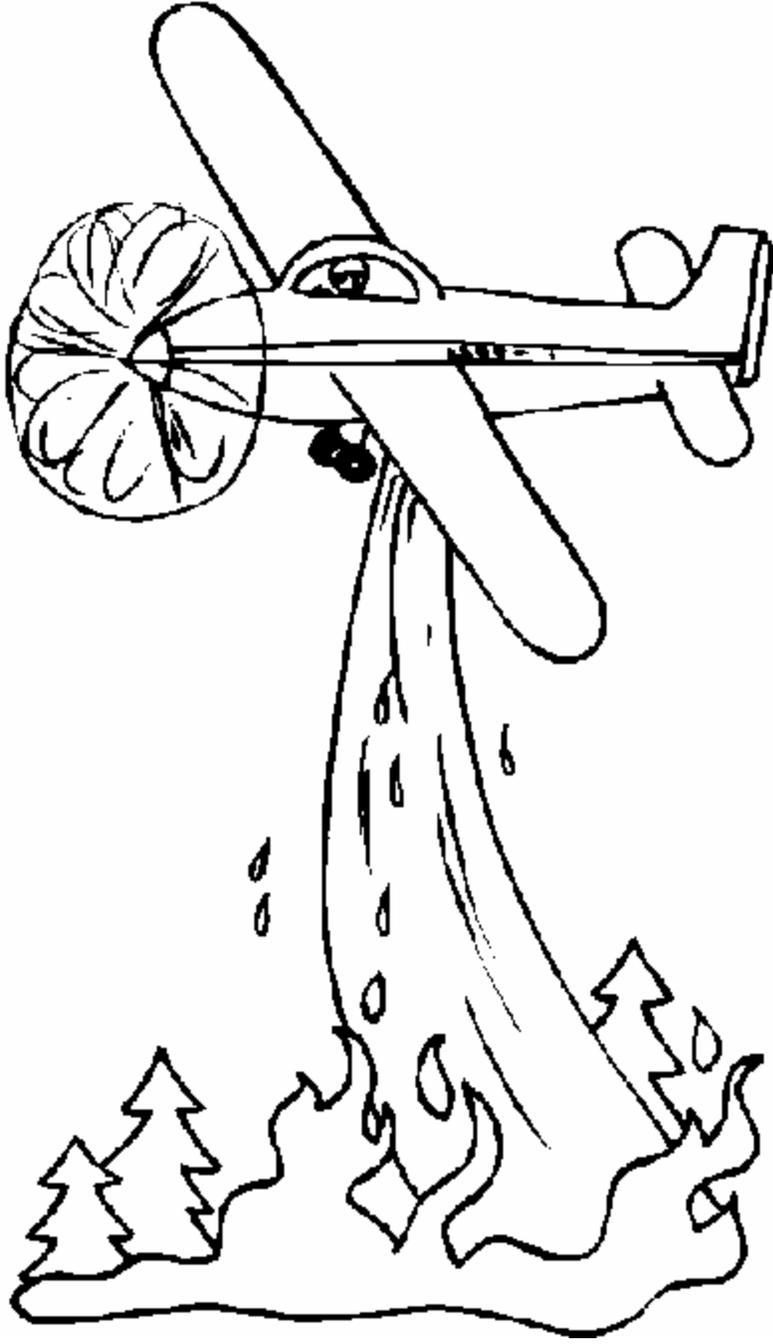


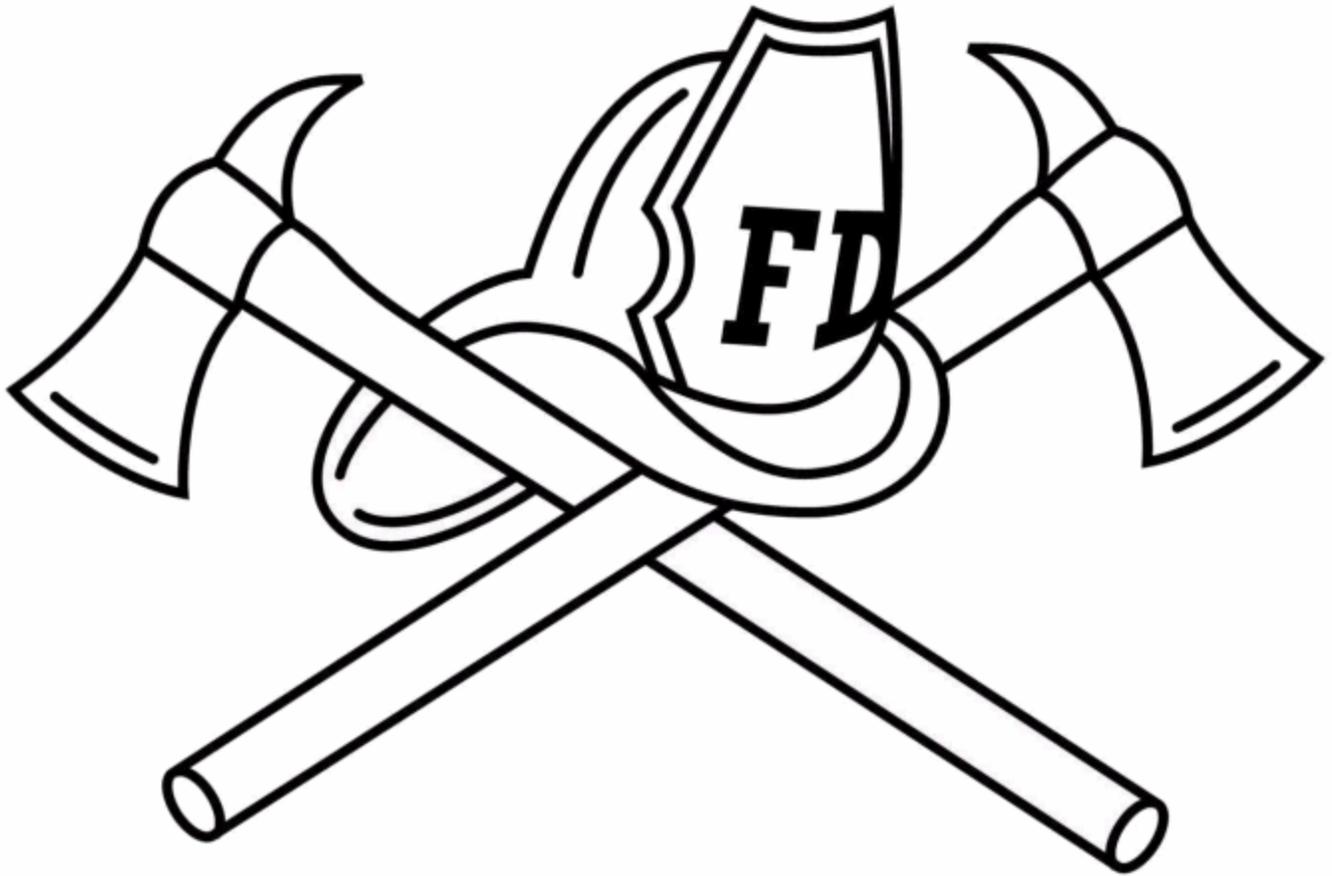




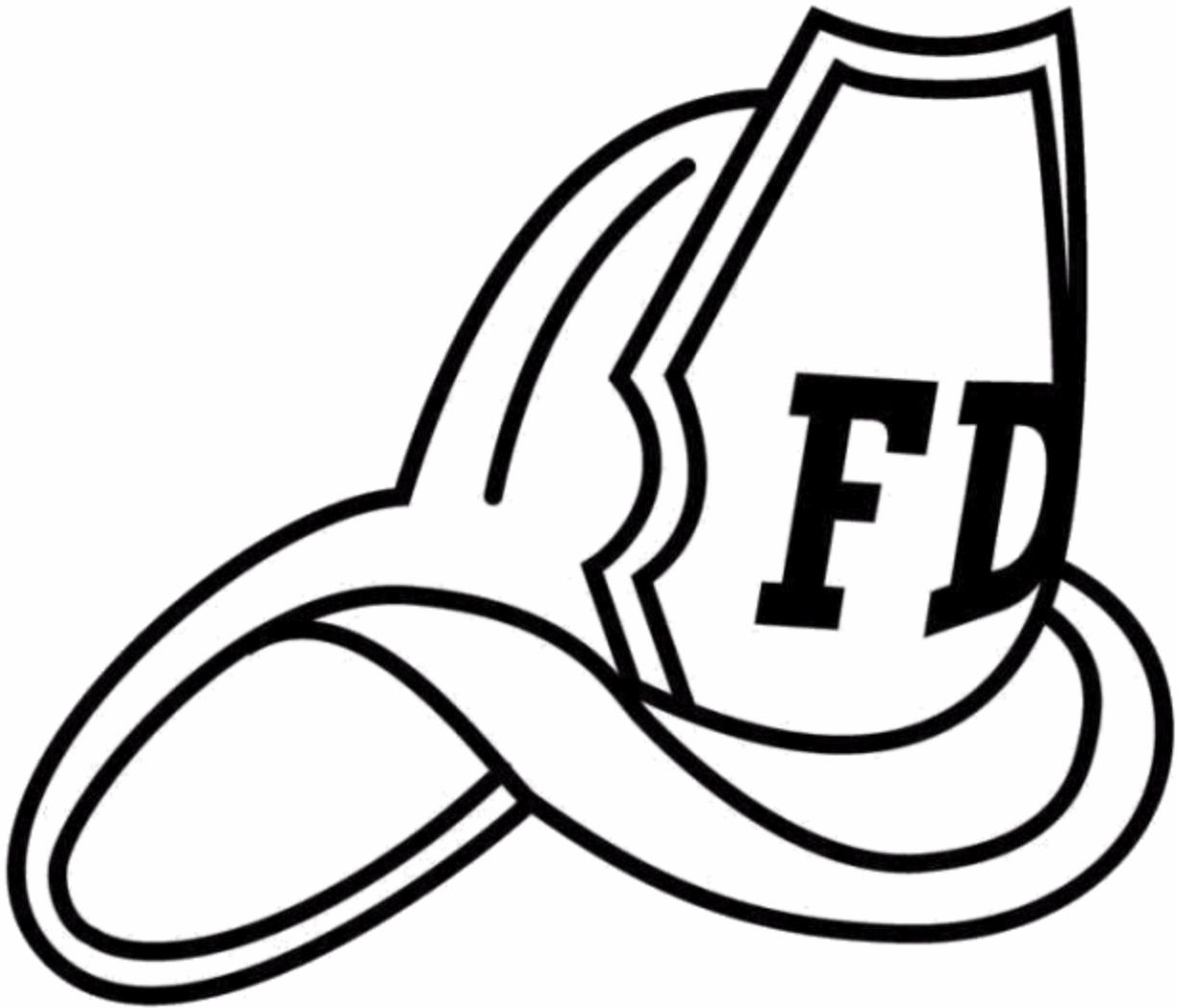
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